

Personal: I grew up in the far northern reaches of California where my family enjoyed the diverse outdoor recreation but not necessarily the heat of 115 degree summers, congestion, or general lack of compassion. My wife Ashley, son Zade, daughter Skylar and I moved to Bend in 2011 and though we did not avoid congestion as Bend grows beyond the cottage ski town it once was, we love everything this unique area has to offer. When we are not at a Bend FC Timbers soccer game we are at a COGA Gymnastics Meet or doing our best to explore the natural beauty all around us. We are very fortunate to live in an area with so much to offer.

Player: I started playing soccer at the age of 5. Growing up in Northern California exposed me to a diverse selection of soccer styles. Much of my soccer fundamentals stemmed from a very traditional and structured European Style and a casual South American street style. Some of my fondest memories as a child were playing for hours after school on the funkiest fields you can imagine until the sun set in the sky. I had the distinct honor of watching my Sister play side by side with the Rapinoe twins and be part of the Redding Mavericks competitive soccer program that kicked off Megan Rapinoe's competitive youth and eventual World Champion career. From competitive youth soccer, I advanced to the ODP District IX team and California State ODP Pool. My time at Shasta College as a Striker and Attacking Center mid taught me invaluable lessons in winning and defeat.

Professional: For the last 5 years I have been actively involved in coaching for the Bend FC Timbers and Bend Parks and Recreation District as a #1 Fan, Volunteer, Parent Coach and Coaching Assistant to Gio DeMartini, Dan Cheesman and Scott Sagar. I have gained invaluable knowledge and profound respect and appreciation for the passion and dedication these coaches have for sharing this amazing game and knowledge with our players. I currently hold US Soccer Grassroots 9v9 and 11v11 Certification and I am currently working towards a USSF D License. I coach to develop within my players a lifelong love of the game, to nurture their strengths, compassion, and understanding of the game while positively impacting their lives.