



BEND FC TIMBERS

BFCT COVID-19 Preparedness & Response Communication Plan

August 7, 2020

**BCFT will update Preparedness and Response Communications Plan focused on player and staff's safety as new local, state, or OYSA guidance changes. BFCT has developed pre-approved emails for notification of staff, players, coaches, and parents for any necessary notifications.*

Bend FC Timbers (BFCT) is committed to providing a safe and healthy play environment for our staff, coaches, players, and club parents in this unprecedented COVID-19 landscape. To ensure we have a safe play environment, BFCT has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. All staff members are responsible for implementing this plan and player and family personal responsibility are critical components to the safe success of our return to play. **The goal of a Preparedness Plan is to mitigate the potential for transmission of COVID-19 within our club community and have a clear action plan for staff, coaches, and families.**

Mitigation strategies require full cooperation among our staff and members - we are all in this together! Only through this cooperative and transparent effort can we establish and maintain the safety and health of our staff, coaches, and players. The BFCT COVID-19 Preparedness Plan is administered by BFCT Executive Director, Tara Bilanski, who maintains the overall authority and responsibility for the plan. However, all staff and families are equally responsible for supporting, implementing, complying with, and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan.

BFCT #1 priority is the safety of all staff, coaches, and players. The following protocols are in place to ensure, to the best of our ability, a safe and healthy play environment:

- Coach and Player daily personal health screening checklist and expectations communicated via Team Snap
- Face coverings are required by all staff, coaches, and players when within six feet of others.
- Frequently clean and disinfect high-traffic areas, and commonly touched surfaces in areas accessed by staff, coaches, and players.
- Ensure adherence of six feet of physical distance at entrances, exits, and any other areas where people may congregate.
- Designated entrance and exits at BFCT fields.
- Additional time scheduled between practices to stagger arrival times.
- Maintain contact information of members in case there is a COVID-19 positive case for contact tracing investigation.

Overarching Staff, Coaches, Player, and Family Expectations:

- Personal Responsibility At All Times
- Within 1 hour of practice, perform a personal health screening
- Review the BFCT reporting and action plans for "Situation" 1 or 2
- Report anyone who is diagnosed with COVID-19 and/or cluster of illness to the [Deschutes County Health Department](#)

Personal Health Screening Checklist. ***If a staff, coach, or player has any of the following symptoms they must STAY HOME and monitor symptoms. We strongly recommend calling their health care provider. Symptoms are to be monitored while keeping a distance from other staff, coaches, or players for 3-5 days. No return to play until 72 hours symptom-free***



For more information, go to
www.bendfctimbers.com

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1. A temperature of 100.4 or higher in the past 24 hours
2. Fever
3. Chills repeated shaking with chills, sweating
4. Shortness of breath or difficulty breathing
5. Cough
6. Dizziness
7. Muscle Pain
8. Headache
9. Sore throat
10. Loss of taste or smell
11. Has come in contact with someone diagnosed with COVID-19 within the last two weeks

[Deschutes County Health Reference](#)

Situation 1: Direct Contact

If a staff member, coach, or player has a known contact with someone infected by COVID-19, this individual is required to STAY HOME, notify BFCT Executive Director, Tara Bilanski, within 24 hours and contact their healthcare provider/physician. He/she will NOT be allowed to return to play until their healthcare provider/physician has confirmed the individual is not infected, no longer infected or they have quarantined 14 days and had no symptoms for 72 hours. BFCT will notify the club community with information on practices dates and times, with the reminder that individual is not positive but in the interest in community health, we believe transparency is paramount. Please note player name will not be shared due to privacy.

[CDC Reference](#)

Situation 2: COVID-19 Positive

If a staff member, coach, or player test positive for COVID-19, we require that this individual self-report to Deschutes County Public Health, STAY HOME, and notify BFCT Executive Director, Tara Bilanski with 24 hours. If self-reporting did not happen, BFCT will notify the Deschutes County Health Department immediately. These steps are critical to club safety. He/she will NOT be allowed to return to play until cleared from their health care provider. BFCT will notify the club community with information on practices dates and times. Please note player name will not be shared due to privacy. BFCT will follow the guidance of the Deschutes County Health Department.

If the number of staff, coach, or player COVID-19 positive cases surpasses 5 cases within a 14 Day timeframe, BFCT will temporarily suspend all in-person programming for 14 days and work with Deschutes County Health Department on recommended guidance and a return to plan. Deschutes County Health Department takes these matters very seriously and they are the experts in the field. BFCT will cooperate to the fullest extent and provide any information they need or request.

Take care, stay healthy, and thank you for your understanding and cooperation!



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