

Bend FC Timbers Adult Soccer

Coed 7 v 7 League

BFCT league play shall be governed by FIFA laws with the following modifications:

LEAGUE RULES

General

All decisions of the Referee are final and binding. The league reserves the right to decide on all matters relative to the league and its' decisions are final. In the event of inclement weather, the league coordinator may reschedule a match, change division structure, reduce match duration or cancel a match.

Fighting

Any player who engages in fighting of any kind, retaliatory or otherwise, will be automatically dismissed from the league without a refund. Not only will that player be removed from the league, but the team may also be banned indefinitely. Do not put your team in jeopardy of being kicked out of the league. Team managers will be held accountable for their team's actions. The league director has the final say on all rules and regulations.

Registration

- Players must be 18 years old or older.
- Recommended Roster size of 12. A minimum of three (3) female players and four (4) male players must be included on each coed team roster.
- Players must be listed on the official Bend FC roster to be eligible to play; additions will only be permitted for injuries, etc, by approval of the league director. Player interchange from one match to the next is not authorized.

The Field

- Field dimensions are as marked on the field and are ~ 35 by 70 yards for all divisions.
- The League will be played on East 1 and East 2 at the Bend FC Timbers Soccer Complex.

Equipment

- It is strictly forbidden to wear metal cleats on the synthetic turf field.
- Jerseys: The home team will wear white and the visitors will wear dark. The season's schedule will designate Home and Visitors for each match. If a team has custom jerseys, they must be a contrasting color with the scheduled opponent's dark or white Jerseys. If not the team with the custom jerseys must change.
- Ball Size: Matches will be played using a size five (5) soccer ball. All teams are required to bring a size five (5) ball to each match.

Pre-Match

- Team managers shall ensure that all players are at the field ten (10) minutes before the scheduled match.
- The team manager shall bring a copy of her/his roster to each match and make it available to the referee when requested. The referee will note any missing rosters on the score card which is turned into the League Director. The League Director will take action on missing rosters as deemed appropriate.
- A team, which cannot field six (6) players five (5) minutes after the scheduled start time which includes two (2) females and four (4) males, or three (3) females and three (3) males, shall forfeit the match. This includes reductions in eligible players due to send offs.
- The team forfeiting shall be declared the loser by a score of two (2) goals to (0) zero.
- A referee will be assigned to each match. The referee will serve as timekeeper and scorekeeper. The referee is part of the field of play and their calls are final.

The Match/Rules

All matches will be played in accordance with FIFA, Federation International de Football Association (FIFA) "Laws of the Game," found at [FIFA website](#), with the following modifications:

- Duration of Match: matches have two thirty (30) - minute halves and a five (5) - minute halftime.
- Please arrive at least 10 minutes prior to game time and check in with the referee. Game time is forfeit time. The referee will keep the official time.
- Games consist of two 30-minute halves. Half-time will be no longer than 5 minutes. No overtime period.
- Each team plays with 7 players (minimum of 3 females). Team must have a minimum of 4 players to start and finish a game. If a team has less than 3 females they may start the game with 2, in this case they must also play down a male so it is 7 v 5 unless arrangements are made with other team and referee, and everyone agrees to those arrangements prior to kickoff
- Unlimited substitution is allowed. Subs may enter at any stoppage of play except free kicks.
- There is No "Slide tackling" allowed. Only the goalie may go to the ground to play a ball.
- Offside law is in effect.
- Substitutions: There are unlimited substitutions. Substitutions can only occur when the ball leaves the field of play and with the referee's permission. Substitutions occur on the sidelines with the players entering and exiting the field at approximately the same location near mid field. The substitute can only enter the field after the player who is being substituted for has left the field. An unfair substitution shall result in an indirect free kick for the opponent at a point determined by the referee.

- Tied Scores A tied score at the end of regulation time during the regular season remains a tied score.

Conduct -The referee may show a yellow or red card to the player or players who commit fouls.

- Sportsmanship Policy- No game is important enough to warrant physical or verbal abuse of officials or participants. Each team is responsible for the actions of its members at all times during competition. Unsportsmanlike conduct, including intimidation, infliction or threat of bodily harm, will not be tolerated and could subject an entire team to disqualification.
- The team manager or captain is the only player allowed to approach the referee with questions or concerns. Team captains are responsible for the behavior of their players.
- Any participant who is ejected from a game must leave the facility immediately. Failure to leave within 2 minutes will result in forfeiture of the game. Any ejected player must sit out his/her team's next scheduled game.
- Any participant who receives a red card for violent conduct will be suspended for the remainder of the season.
- Any participant who accumulates 3 yellow cards during the season will be suspended for his/her team's next game.
- Any participant found to be disrespectful to the facilities or grounds will be suspended for 30 days or more.
- League Standings
Teams receive 3 points for a win, 1 point for a tie and 0 points for a loss.
- Should there be a tie: the tiebreaker will be as follows: 1. Head to Head 2. Least amount of forfeits 3. Goals Against 4. Goals For 5. Least Amount of Red Cards
- The top four teams will play in a semi / final match on the last day of the season. Consolation games for other teams may be scheduled if time and space.

Playoffs

The only rule change for playoffs is that a playoff match cannot end in a tie and "Kicks From the Mark" will be used to determine an winner.

Field Usage Policies

All participants and spectators must adhere to the Bend FC Timbers Complex rules as well as following usage policies.

- No glass bottles allowed on fields. No Food allowed on fields.
- Pick up trash after games.
- Only Rostered players are permitted inside the fence line. All spectators must stay outside of the fence line.
- No dogs or other animals allowed on fields.