

# **BFCT COVID-19 Preparedness & Response Communication Plan**

## **Central Oregon Soccer League**

Bend FC Timbers (BFCT) is committed to providing a safe and healthy environment for all our club parents, players, coaches, and staff. To ensure we have a safe environment, BFCT has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. All staff members are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 within our club, and that requires full cooperation among our staff and members. Only through this cooperative effort can we establish and maintain the safety and health of everyone. The BFCT COVID-19 Preparedness Plan is administered by BFCT Executive Director, Tara Bilanski, who maintains the overall authority and responsibility for the plan. However, all staff and Board of Directors are equally responsible for supporting, implementing, complying with, and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan.

BFCT's top priority is the safety of all members and staff. We have instituted protocols to ensure, to the best of our ability, a safe and healthy environment.

- The required wearing of face coverings by all players and staff if 6ft. of social distancing cannot be attained
- Frequently clean and disinfect high-traffic areas, and commonly touched surfaces in areas accessed by staff, coaches, and players.
- Ensure adherence of six (6) feet of physical distance at entrances, exits, and any other areas where people may gather.
- Designated entrance and exits.
- Additional time scheduled between practices to stagger arrival times.
- Maintain contact information of members in case there is a positive COVID-19 case for contact tracing investigation.
- Develop pre-approved format emails for notification of staff, players, coaches, and parents. The email will include links to support resources.

- Report anyone who is diagnosed with COVID-19 and/or cluster of illness to the Deschutes County Health Department:

<https://www.oregon.gov/oha/PH/PROVIDERPARTNERRESOURCES/LOCALHEALTHDEPARTMENTRESOURCES/Documents/Deschutes.pdf>

### **Coaches, players, and staff are required to:**

Within 1 hour of practice, immediately notify COSL Director, Jen Davin if the following symptoms occur:

- A temperature of 100.4 or higher in the past 24 hours
- Fever
- Chills repeated shaking with chills, sweating
- Shortness of breath or difficulty breathing
- Cough
- Dizziness
- Muscle Pain
- Headache
- Sore throat
- Loss of taste or smell
- Has come in contact with someone diagnosed with COVID-19 within the last two weeks

### **Situation1: Display of Symptoms**

If any of these symptoms appear, the individual will NOT be allowed to participate in any BFCT programs until cleared from a medical professional OR cleared from COVID with a negative test. BFCT strongly requests Individuals notify BFCT COSL Director, Jen Davin within 24 hours. BFCT to email players in the cohort of child/coach/staff if COVID is suspected.

Individual must adhere to these required steps:

<https://www.deschutes.org/health/page/covid-19-if-you-are-sick>

### **Situation 2: Direct Contact**

If a player, coach, or staff member has come in contact with someone infected by COVID-19, we strongly request that they contact BFCT COSL Director, Jen Davin within 24 hours. He/she will NOT be allowed to return to play until their healthcare provider/physician has confirmed the individual is not infected or no longer infected or they have quarantined 10 days and had no symptoms for 72 hours.

[https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html)

### **Situation 3: COVID-19 Positive**

If a player, coach, or staff member is found COVID-19 positive, we ask that they self-report to BFCT COSL Director, Jen Davin, so that we can assist Deschutes County Health Dept. in contact tracing where appropriate and keep our club members healthy and safe. He/she will NOT be allowed to return to play until cleared from health care provider. Players in the cohort of child/coach/staff as well as all club members will be notified of the situation and BFCT will cooperate fully with Deschutes County Health Department.

If the number of positive COVID-19 cases surpasses 5 within COSL, BFCT may temporarily suspend all in person programming, or programming for that team / age group for 10 days and work with Deschutes County Health Department to understand any recommended guidance.

Deschutes County Health Department takes these matters very seriously and they are the experts in the field. BFCT will cooperate to the fullest extent and provide any information they need or request.

**Take care, stay healthy, and thank you for your understanding and cooperation!**