



Bend FC Timbers

WINTER TRAINING PROGRAMS



FUTSAL LEAGUE DETAILS + RULES

Purpose: The Bend FC Timbers Futsal League is a 'player centric' program that allows for technical development in a 'small side game' environment that encourages creativity, fun and free play. There is no coaching and players make their own substitutions.

Site: All matches will be played at the Bend Fieldhouse at Vince Genna Stadium (401 SE Roosevelt) within a three-hour window. Teams will be created by the BFCT staff and will play FOUR aside futsal on artificial turf and without the use of the walls.

Cost: \$110 per player for a minimum of 9 matches. BFCT staff will create and release a match schedule for each team and games are played within a '30-minute window.'

BFCT Futsal League Laws:

- 4 players per team on field at one time (no goalkeepers)
- Teams must have a minimum of 3 players to compete
- Cones mark the boundaries of the field NO USE OF SIDE WALLS OR FENCES
- When ball goes out of bounds kick-in used to restart (opponents must be 5 yards away)
- A goal may not be scored directly from a kick-in
- All free kicks are indirect (a second player must make a touch before a goal is scored)
- NO SLIDE TACKLING IS ALLOWED
- Substitutions made on the fly (hand contact with 'exiting' teammate before entering)
- 25-minute games MAXIMUM (match supervisor can shorten if needed) with running clock
- SOFT (FLAT) SOLED SHOES MUST BE WORN
- Match supervisor has right to caution and/or eject any player from any match
 - Fans and parents must stage themselves near seating along east wall only
 - NO COACHING

Teams are encouraged and free to keep score of each match but no results will be recorded and no standings will be kept. All rulings made and interpretations of these laws are at the discretion of the match supervisor on site. All decisions are final.

History: The origin of FUTSAL (footsal) can be traced back to 1930's Uruguay when Juan Carlos Ceriani devised a five aside version of soccer for youth competition in local YMCAs. The term 'futsal' is the international term used for the game. It is derived from the Spanish or Portuguese word for 'soccer,' FUTbol or FUTebol, and the French or Spanish word for 'indoor,' SALon or SALa. Futsal gained rapid popularity throughout South America, particularly in Brazil. The skill developed in this game is visible in the highly technical and world famous style the Brazilians display when playing outdoors on a full sized field. While Brazil continues to be the futsal hub of the world, the game is now played under the auspices of FIFA all over the world, from Europe to North and Central America and the Caribbean, South America, Africa, and Asia and Oceania.