

Personal: John has lived in Bend since 2006, and is married to Dr. Lauren O'Sullivan. They have 2 kids, Maggie and TJ, who are multi-sport athletes. When not coaching or working, John is an avid skier, fly fisherman, camper, biker and all around outdoor lover.

Playing: John played NCAA DI soccer at Fordham University, winning the 1990 Patriot League title and captaining the Rams as a senior in 1993. He played professionally for the Wilmington Hammerheads in the USL before going into coaching full time in 1996.

Professional: John has worked at every level of soccer in the United States, as a youth, high school, and NCAA Division 1 coach. He is also Founder of the Changing the Game Project, and an internationally recognized coaching and leadership consultant working with organizations such as the US Olympic Committee, US Soccer, USA Football, US Lacrosse, and more. He has written 2 books on parenting and youth sports, including the #1 bestseller *Changing the Game: The Parents Guide to Raising Happy, High-Performing Athletes and Giving Youth Sports Back to Our Kids*. John is also a National Advisory Board member for the Positive Coaching Alliance and the National Association of Physical Literacy.

- Technical Director Oregon Rush/Bend FC Timbers 2006-2011
- Central Oregon RTC Director for Portland Timbers 2009-2011
- Director of Coaching, Ann Arbor (MI) Youth Soccer 2003-2006
- University of Vermont Asst. Men's Soccer Coach, 1999-2003
- Director of Coaching Nordic Spirit SC, VT 1999-2003
- Varsity Soccer Coach, Cardinal Gibbons HS, Raleigh NC 1996-1998
- USSF A License (2004)
- NSCAA Advanced National Diploma (2002)
- US Youth Soccer National Youth License (2008)