



BEND FC TIMBERS

U11-U12 FREQUENTLY ASKED QUESTIONS

In a continuing effort to keep everyone informed and to effectively address questions and concerns, we have created this FAQ that answers frequently asked questions from players, parents, and families.

How will players be grouped for training sessions?

There are four major components in determining how players are evaluated: technical ability, physical ability, tactical awareness, and psychological make-up.

Technical ability is generally judged on how well a player receives the ball, passes the ball, dribbles the ball, and shoots the ball, among other basic skills.

Physical ability refers to speed, strength, jumping ability, coordination, balance, and control of bodily movements in soccer and non-soccer specific athletic movements.

Tactical awareness is measured by the soccer decisions made when the player is at training or in games. Does a player know the requirements of the position? Does the player know the role in attack and defense? What does a player do when pressure in possession of the ball? The answers to these questions are a good baseline to determine where players are in their tactical awareness.

Evaluating the psychological make-up at this age can be rather difficult, but generally this area is measured by maturity level, focus, willingness to learn, willingness to receive instruction, and ability to apply lessons learned.

Will players be placed on a team with an assigned coach?

All players will be placed on a team with a consistent coaching staff after the Summer. The coaches will be assigned responsibility for a specific training team. Each team will be supported by the other members of the coaching staff. Players will likely experience coaching from three or four members of our coaching staff throughout the Summer in training and playing environments, but all of the coaches will be under the guidance and direction of the Program Director.



For more information, go to
www.bendfctimbers.com

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