

## ALL AGE LEVELS

### LAW 3 THE NUMBER OF PLAYERS

- Substitution may occur at any stoppage of play and unlimited, with referee permission.

### LAW 4 THE PLAYERS EQUIPMENT

- All Players should line up for equip inspection. No Hard casts, no jewelry (including taped over earrings)
- Non-uniform clothing is allowed based on weather conditions, but uniforms must distinguish teams.

### LAW 5 THE REFEREE

- The referee is empowered to cause the removal of any coach, player, spectator who is disruptive or who has displayed behavior contrary to the spirit of the game and/or the rules of play.

### LAW 8 THE START AND RESTART OF PLAY

- The 'Away' team will have the initial kick-off; therefore coin toss meeting is optional.
- No player captains shall be required for any teams during any matches.

### LAW 12 FOULS & MISCONDUCT

- Whenever possible, the center referee should briefly explain an infraction to the offending player before allowing the restart of play.
- No Heading
  1. A player may not use his/her head to play the ball.
  2. The infraction consists in intentionally playing the ball with the head. If the referee determines that the ball struck a player in the head when the player is not trying to play the ball, the referee will allow play to continue.
  3. The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.
  4. If the infraction is committed within the goal area, the indirect free kick will be taken from the goal area line parallel to the end line at the nearest point to where the infraction occurred.

### Concussions

- A) A player who demonstrates signs of concussion as a result of an observed or suspected blow to the head or body must leave the field and may not return to play in that match. Referees will include in their match report information about any player required to leave the field because of a suspected concussion.
- B) Referees will include in their match/game report information about any player (i.e., player #, name and team name) required to leave the field because of a suspected concussion or serious injury. This is listed in the web site game report as: [Serious injuries observed during the game](#)

**ADDITIONAL MODIFICATIONS FOR U7-8 AGE LEVELS**

LAW 2 THE BALL

- Size three (3) balls must be used for all matches and must be properly inflated.
- Optional: a lightweight size four (4) or a Futsal ball may be used.

LAW 3 THE NUMBER OF PLAYERS

- A match is played between teams, each consisting of not more than four (4) players. There are no goalkeepers.

LAW 7 THE DURATION OF THE MATCH

- The game shall be divided into two (2) equal halves of twenty (20) minutes each.
- Half-time break of five (5) minutes.

LAW 11 OFFSIDE

- There is no Offside in U7-8.

LAW 13 FREE KICKS

- All free kicks at the U7-8 level in COSL are indirect free kicks (IFK).
- Opponents must make an immediate effort to be at least five (5) yards away from the kick.

LAW 14 THE PENALTY KICK

- There is no Penalty Kick in U7-8.

LAW 15 THE THROW-IN

- All restarts on the sidelines will be done with kick-in, at the spot the ball went out of bounds.
- A 10-foot buffer must be given to the player kicking the ball.

LAW 16 THE GOAL KICK

- Goal kicks are to be taken from any point on the End Line.
- The opposing team must retreat behind the center (half) line, and remain there until the ball is in play.
- If the defending player is nearer to the opponent's goal than the center (half) line when the goal kick is taken, the goal kick may be retaken.

LAW 17 THE CORNER KICK

- No defending player may be within five (5) yards of the ball.